# Blocked Fallopian Tubes

### What Is a Blocked Fallopian Tube?

Blocked fallopian tubes are a big cause of female infertility. The blocked fallopian tubes are incapable of letting both the ovum and the sperm converge, so fertilization is impossible.

### **What Causes Blocked Fallopian Tubes?**

Scar tissue within the fallopian tubes is a major cause of blockage, and this can be triggered by infections, endometriosis, or inflammatory bowel disease, amongst others.

### **Blocked Fallopian Tubes FAQ**

Q: I have abdominal adhesions and blocked fallopian tubes as a result of previous surgeries including C-sections. I have heard about Serrapeptase and would really appreciate what you have to say concerning my condition. Any help will be greatly appreciated.

A: Please check out my full Blocked Fallopian Tubes Health Plan. You can, of course, do the first couple of supplements to try that first, but the full plan and diet are intended to get you super healthy.

"Dear Robert, I have been unable to conceive due to blocked fallopian tubes and was going crazy thinking I would have to undergo an expensive (and often not successful) surgery to unblock the tubes. I came across your webpage and read the testimonials and proceeded to buy the Serrapeptase 80,000 I.U with MSM.

I took two tablets twice daily for one month, then discontinued as I travelled home to Africa. Then last week, I found out that I am 5 weeks pregnant! Both my husband and I are so overwhelmed by the news, and I truly believe the Serrapeptase worked perfectly and fast too!! I still have 2 bottles of the original 4 that I purchased; I will use them after the baby is born in September. THANK YOU SO SO MUCH!! To us this is a MIRACLE!"

- Elizabeth M., Denmark

Follow the Health Plan as recommended for the best results:

## BLOCKED FALLOPIAN TUBES HEALTH PLAN

This Health Plan includes all of the steps required to improve blocked fallopian tubes.

There are three things, which when combined with the right supplements, will show results. These are diet, nutrients, and exercise. The exercise can be simply walking 5 miles or more each day at a fast pace and sitting down for as little as possible over the day. It can involve standing, walking, or lying down. Sitting is bad for the circulation.

There is no downside with following this; if both partners follow the plan correctly, you will end up stronger and healthier. If it produces a healthy baby, then you both need to be healthy and strong to cope with running around after a fast growing child.

Your 4-8 Week Plan, From My eBook, by Robert Redfern Supplements to support women's health - in order of priority:

- SerraPlus+ 80,000IU Take 2 capsules x 3 times a day, 30 minutes before eating, with water. Drop to 1 x 3 after one month (plan on 4 months).
- <u>Curcuminx4000</u> Take 1 capsule x 3 times per day, with the SerraPlus+ 80,000IU. Curcumin is a powerful antioxidant that supports the healing process.
- Nascent lodine lodine is essential for a completely healthy body. Take 5 drops x 3 times per day in 20ml of water, swish around the mouth for 30 seconds before swallowing. Build over 2 weeks to 15 x 3 until well and then slowly reduce back to 5 x 4. Take 1st dose on waking, 2nd midmorning and 3rd midafternoon. Note that lodine needs a supplement containing Selenium to activate it, such as Active Life, D.I.P. Daily Immune Protection or B4 Health Spray.
- Astaxanthin Enhances the immune system and supports fertility. Take 2 x 2 times per day.
- MacaPro Balances the endocrine and the hormonal system. Take 1-2 teaspoons daily.
- Active Life Capsules Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.
- Vitamin D3 Contributes to hormonal balance. Take 5000IU, 1-2 times per day.