

Ringworm

What Is Ringworm?

Ringworm is a skin infection that is the result of a fungus. The symptoms involved with ringworm include a small area of infected skin that then spreads outwards. It usually develops into a circular red patch that looks inflamed and scaly towards the center.

What Causes Ringworm?

Ringworm is usually caught from person to person, i.e. touching an infected person or sharing a towel, amongst other things. Ringworm can also be caught from animals, through fungal infections in their skin. Fungi are a common cause, and infection can occur for no significant reason, simply from having contact with the fungi in the soil, along with any other contaminated objects you may have come into contact with.

Ringworm FAQ

Q: I have ringworm, and I'm wondering what can be done to help with the healing process?

A: Follow my Ringworm Plan. Ancient Minerals Magnesium Oil Ultra, Coconut Oil, and Prescript-Assist are the ones I recommend, along with following the healthy lifestyle plan to get the required results and help the healing process.

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“[My cat] looked a little greasy in the first photo as I had put a topical cream on to help the ringworm. Her tail was totally hairless, and legs nearly so. She is off of the cortisone, as well as the antibiotic, both of which she took daily. Thankful to have heard about Serrapeptase for my sake as well as my cats. I'm spreading the word to others.”

- Cheryl H.

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Follow the Health Plan as recommended for the best results:

RINGWORM HEALTH PLAN

Ringworm is a fungal problem in the same way we get athlete's foot, which is another fungal problem. Fungus can only live on bodies full of sugars.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy skin - in order of priority:*

- [SerraEnzyme 250,000IU](#) - Take 1 capsules x 4 times a day, 30 minutes before eating, with water. Drop to 1 x 2 after one month (plan on 4 months).
- [Ancient Minerals Magnesium Oil Ultra](#) - Massage onto all of the muscles and areas of ringworm 2x per day.
- [Organic Virgin Coconut Oil](#) - Take 4 teaspoons of coconut oil per day. Try massaging a little coconut oil and magnesium in the areas of outbreaks to see if it speeds up the recovery.
- [Prescript-Assist - 29 Strain Super Probiotic](#) - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 capsule, 2 times per day and drop to 3 per week when clear. **(See www.Probiotic29.com/studies.)**