## **Pulmonary Embolism**

## What Is Pulmonary Embolism?

Pulmonary Embolism refers to a blockage in the main artery of the lung or one of its branches. This is caused by a substance that has travelled from somewhere else in the body and in through the bloodstream.

## What Causes Pulmonary Embolism?

This is a common result of deep vein thrombosis, where a blood clot breaks off and then migrates into the lung, in a process known as venous thromboembolism (VTE). This blockage could be caused by numerous factors, including embolization of air, talc in drugs of intravenous drug users, fat, or amniotic fluid. The obstruction of the blood flow to the lungs and the resulting pressure on the ventricle of the heart can lead to the signs of PE.

Symptoms can include chest pain, difficulty breathing, and palpitations; clinical signs can include rapid breathing and heart rate, along with a low blood oxygen saturation rate. In severe cases, Pulmonary Embolism will lead to extremely low blood pressure, collapse, and even sudden death.

## **Pulmonary Embolism FAQ**

Q: My wife has pulmonary embolism—tissue blockage in the pulmonary artery. She has been advised to have a surgery similar to bypass surgery and is at high risk. At present, she has difficulty in breathing, and if she walks, she would have difficulty in breathing a lot. She was identified with DVT last year in Feb 2011 and later she was put on 1) warfarin 2) bosentan for reducing pressure of the blood in the pulmonary artery 3) sildenfil citrate as this too helps in reducing pressure in the pulmonary artery.

As per the diagnosis, she needed to go through surgery, but I want to check out if you have ever come across any such case and if Serrapeptase would have helped?

A: The Lung Health Plan is the full plan she needs to follow to get healthy. You can start with very simple things such as really healthy food and drinking water. If you want my help coaching you to help her, then please come back to me.

"My sister was diagnosed with pulmonary embolism and is having difficulty breathing. She was suffering from depression as she couldn't work and was taking too many meds to reduce pressure in her artery. She needed surgery, but my aunt recommended that she try taking Serrapeptase first. We gave her Blockbuster AllClear and Serranol at the same time. We also tried Oxysorb. Within just a week, her breathing became better. She can walk within two blocks without feeling dizzy or out of breath. And today, there is no more blockage in her lung. She no longer needs surgery."

- Alea Q., Australia

## Follow the Health Plan as recommended for the best results:

# PULMONARY EMBOLISM HEALTH PLAN

This pulmonary embolism health plan is designed to provide relieve for the signs and symptoms of this lung condition. When combined with a naturally healthy lifestyle, it's possible for improved results to appear in just a few short weeks.

Your 4-8 Week Plan, From My eBook, by Robert Redfern Supplements to support healthy lungs - in order of priority:

- <u>BlockBuster AllClear</u> SerraEnzyme Serrapeptase, Nattokinase and 13 other circulation supporting nutrients. Take 2 x 3 times per day, 30 mins before eating and drop to 1 x 3 after 1 month (plan on 1-2 months).
- <u>Serranol</u> SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 1 capsule x 3 times per day with the Blockbuster.
- <u>HealthyFlow</u> Take 2 teaspoons, 2 times a day in water or food. Contains L-arginine, L-lystine and L-citrulline that support healthy blood and arteries.
- UB8Q10 Ubiquinol (8x more effective than CoQ10) 2 x 2 times per day with food for 1 month (then 1x2 for ever) as this supports the heart muscle, supports heart valves and is essential for all cell energy).
- <u>Active Life Capsules</u> Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.
- <u>The Krill Miracle</u> Take 1 capsule x 2 times per day. Krill oil replaces missing essential nutrients.

## As A Vegetarian Alternative To Krill Oil...

• <u>Hemp Seed Oil</u> - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and supports a positive mental state. Take 1 teaspoon x 2 times per day.

### Additionally, in the case of diseased heart valves, add:

#### Liposomal Vitamin C - Use Liposomal Vitamin C or its alternative:

- Liposomal Vitamin C For best results, Take 5 ml daily (1 teaspoon) or as directed by your healthcare professional.
- y- Highly potent Vitamin C for maximum absorption, highly potent for cells. For best results, snip or tear the notched end off the packet, squeeze into one or more ounces of your favorite natural juice or water, drink on an empty stomach, and wait at least 15 minutes before eating.