

Pneumoconiosis

What Is Pneumoconiosis (Miner's Lung)?

Pneumoconiosis includes asbestosis and other industrial/dust lung conditions, like Farmer's Lung, Berylliosis, Miner's Lung, Aritosis, Siderosis, and Stannosis.

What Causes Pneumoconiosis?

Pneumoconiosis occurs when the lungs are damaged from dust and other industrial materials. Fiber and asbestos dust can trigger asbestosis as the lungs scar, causing breathing issues and eventual heart failure due to lack of oxygen. Asbestosis is often associated with lung cancer, which may develop in an asbestos worker that also smokes cigarettes.

Risk increases 90 times in an asbestos worker that smokes compared to a non-smoker that works in an asbestos-free environment.

Other dust diseases may include:

- **Berylliosis:** After inhaling beryllium dust.
- **Baritosis, Siderosis, and Stannosis:** After inhaling barium sulphate, iron oxide (arc-welding fumes), and tin oxide respectively.
- **Coal Worker's Pneumoconiosis:** After inhaling coal dust.
- **Farmer's Lung:** After exposure to cereal, grain, or other industrial dust.

Mesothelioma of the pleura is an asbestos-related condition that is both serious and malignant, albeit rare. Compared to asbestosis, malignant pleural tumor mesothelioma may not be related to heavy asbestos fiber exposure.

Pneumoconiosis FAQ

Q: How can Serrapeptase help with Pneumoconiosis?

A: Serrapeptase helps immensely as it clears out all of the inflammation, mucus, and dead scar tissue. By clearing away this problem tissue, it enables the body's own healing system to replace it with healthy tissue and better lung function as a result.

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"Hi Robert, a week ago I contacted you after you were on The Power Hour Show and told you a little about myself and my 2 year lung problem. I had one of your books but had not read it. I got right to it and did not stop until I finished it. It was such a detailed book for anyone to obtain health if followed.

I am now breathing like a normal healthy person after only a week. I started with three Serrapeptase capsules and one Curcuminx4000 capsule, three times a day, and since I do not eat processed foods, I just upped my raw vegetable intake and water. I feel wonderful, and now I'm beginning to exercise. Thank you, thank you."

- Judy P.

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Follow the Health Plan as recommended for the best results:

Click
for more
details

PNEUMOCONIOSIS HEALTH PLAN

The plan to help your pneumoconiosis includes: Resolving the immune problems and clearing the inflammation, scarring, and dead tissue. By adding important nutrients such as Vitamin D3, the recovery should be apparent within 30 days.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy lungs - in order of priority:*

- **Serranol** - SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 2 capsules x 3 times per day, 30 mins before eating a meal with water, and reduce to 1 x 3 after a good relief.
- **Nascent Iodine** – Iodine is essential for a completely healthy body. Take 5 drops x 3 times per day in 20ml of water, swish around the mouth for 30 seconds before swallowing. Build over 2 weeks to 15 x 3 until well and then slowly reduce back to 5 x 4. Take 1st dose on waking, 2nd midmorning and 3rd midafternoon. Note that Iodine needs a supplement containing Selenium to activate it, such as Active Life, D.I.P. Daily Immune Protection or B4 Health Spray.
- **Ancient Minerals Magnesium Oil Ultra** - Increases absorption of magnesium and reduces pain. Spray liberally onto skin such as chest, arms and leg muscles to cover a wide area for absorption.
- **D.I.P. Daily Immune Protection** - Take 1 capsule, twice daily with food. Protects against infection and maintains a balanced immune system.
- **OxySorb** - Promotes oxygen absorption. Take OxySorb formulation if you have breathing problems. Provides greater oxygen absorption and supports the entire respiratory system. Take around 20 drops in the mouth for at least 30 seconds and then swallow. Use as needed.
- **Prescript-Assist - 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 capsule x 2 times a day (can be opened and mixed with food) and then for maintenance at the rate of 1 every 3 days. ([See www.Probiotic29.com/studies](http://www.Probiotic29.com/studies).)
- **Active Life Capsules** - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.

Other Recommended Products

- **1st Line (Thiocyanate) Immune Support Kit** - This clears any infection remaining in the cells. Take 1 kit daily for 3 days (total of 3). 1st Line should always be taken at least 90 minutes before and after food, approximately. 3 kits are the minimum, and in serious conditions, 10 kits over 10 days are better if finances allow.
- **Essential Digestive Plus** - For healthy digestion and nutrient absorption. Take 1 capsule as you start your meals, 3 times per day.
- **Naturally Better Vitamin E** - Protects healthy fats from oxidising and causing free radical damage. Take 1 capsule, 2 times daily.
- **The Krill Miracle** - Krill oil replaces missing essential nutrients. Take 1 capsule x 2 times per day, with food.

As A Vegetarian Alternative To Krill Oil...

- **Hemp Seed Oil** - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and support a positive mental state. Take 1 teaspoon x 2 times per day.