

Asbestosis

What Is Asbestosis, and What Causes It?

Asbestos can cause asbestosis, a scarring of the lungs that leads to breathing problems and heart failure. Workers who manufacture or use asbestos products and have high exposures to asbestos are often affected with asbestosis. The symptoms associated with this include developing increased breathlessness often with cough, sputum, and weight-loss.

One of the diseases associated with asbestosis is lung cancer; this usually occurs in the asbestos worker who smokes cigarettes. In fact, the risk of asbestosis for the asbestos worker who smokes is 90 times more likely than the non-asbestos, non-smoking worker.



“ We were on a 3 week cruise and happened to meet one of the other passengers who was obviously in poor health. His lips were blue and his breathing laboured. When we got off to visit places, he could hardly walk. He was 72 years old and told us he suffered from asbestosis, emphysema and heart problems. Having used Serrapeptase for all my family and friends, I just had to tell him about it. I happened to have a spare bottle with me, so I gave it to him.

He took 3 per day for the rest of the cruise, and even I could hardly believe the improvement in his health. By the end of the cruise, his lips were pink and he was able to do the full excursions. I have spoken to him since, and he has bought some himself and is now able to drive for the first time in a long time.”

- Mrs. Hardman



Follow the Health Plan as recommended for the best results:



ASBESTOSIS HEALTH PLAN

The plan intends to help your lungs in resolving the immune problems and clearing the inflammation, scarring, and dead tissue. By adding important nutrients such as Vitamin D3, the recovery should be apparent within 30 days.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy lungs - in order of priority:*

- **Serranol** - SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 2 capsules x 3 times per day, 30 mins before eating a meal with water, and reduce to 1 x 3 after a good relief.
- **Nascent Iodine** - Iodine is essential for a completely healthy body. Take 5 drops x 3 times per day in 20ml of water, swish around the mouth for 30 seconds before swallowing. Build over 2 weeks to 15 x 3 until well and then slowly reduce back to 5 x 4. Take 1st dose on waking, 2nd midmorning and 3rd midafternoon. Note that Iodine needs a supplement containing Selenium to activate it, such as Active Life, D.I.P. Daily Immune Protection or B4 Health Spray.
- **Ancient Minerals Magnesium Oil Ultra** - Increases absorption of magnesium and reduces pain. Spray liberally onto skin such as chest, arms and leg muscles to cover a wide area for absorption.
- **D.I.P. Daily Immune Protection** - Take 1 capsule, twice daily with food. Protects against infection and maintains a balanced immune system.
- **OxySorb** - Promotes oxygen absorption. Take OxySorb formulation if you have breathing problems. Provides greater oxygen absorption and supports the entire respiratory system. Take around 20 drops in the mouth for at least 30 seconds and then swallow. Use as needed.
- **Prescript-Assist - 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 capsule x 2 times a day (can be opened and mixed with food) and then for maintenance at the rate of 1 every 3 days. **(See www.Probiotic29.com/studies.)**
- **Active Life Capsules** - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.

Other Recommended Products

- **1st Line (Thiocyanate) Immune Support Kit** - This clears any infection remaining in the cells. Take 1 kit daily for 3 days (total of 3). 1st Line should always be taken at least 90 minutes before and after food, approximately. 3 kits are the minimum, and in serious conditions, 10 kits over 10 days are better if finances allow.
- **Essential Digestive Plus** - For healthy digestion and nutrient absorption. Take 1 capsule as you start your meals, 3 times per day.
- **Naturally Better Vitamin E** - Protects healthy fats from oxidising and causing free radical damage. Take 1 capsule, 2 times daily.
- **The Krill Miracle** - Krill oil replaces missing essential nutrients. Take 1 capsule x 2 times per day, with food.

As A Vegetarian Alternative To Krill Oil...

- **Hemp Seed Oil** - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and support a positive mental state. Take 1 teaspoon x 2 times per day.