

Coronary or Ischemic Heart Disease

What Is Coronary Artery Disease (CAD), Atherosclerotic Heart Disease, or Ischemic Heart Disease (IHD)?

Coronary artery disease (CAD), otherwise referred to as atherosclerotic heart disease, coronary heart disease, or ischemic heart disease (IHD), is considered to be the most common form of heart disease and is one of the major reasons for heart attacks.

What Causes Coronary or Ischemic Heart Disease?

Coronary or ischemic heart disease is caused by plaque that builds up within the inner walls of the arteries, narrowing them and reducing blood flow to the heart.

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“Dear Mr. Redfern, I have been successfully using Serrapeptase since my heart bypass operation a few years ago... Regularly, I undergo checkups, and so far my arteries are perfectly clean to such a point that the Cardiologist has reduced my medication! THANK YOU so much!”

- Antonio D.

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Follow the Health Plan as recommended for the best results:

CORONARY OR ISCHAEMIC HEART DISEASE HEALTH PLAN

The below plan is designed to provide relief for coronary or ischemic heart disease. By following the supplement regime and by implementing a naturally healthy lifestyle, it's possible to improve your heart condition and to attain long-term good health.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support a healthy heart - in order of priority:*

- **BlockBuster AllClear** - SerraEnzyme Serrapeptase, Nattokinase and 13 other circulation supporting nutrients. Take 2 x 3 times per day, 30 mins before eating and drop to 1 x 3 after 1 month (plan on 1-2 months)
- **Serranol** - SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3 - Take 1 capsule x 3 times per day, with the Blockbuster.
- **OxySorb** - Promotes oxygen absorption. Take OxySorb formulation if you have breathing problems. Take about 20 drops in the mouth, swish around for at least 30 seconds and then swallow. Use as needed.
- **HealthyFlow** - Arginine L-Lysine, L-Citrulline, Grapeseed Extract 95% AstraGin™ (contains Astragalus membranaceus and Panax notoginseng). This formula supports healthy blood vessels throughout the body. Take 4 teaspoons over the day in a little water or juice.
- **UB8Q10 Ubiquinol** - 8x more effective than CoQ10 at restoring cell energy. Take 2 x 2 times per day with food for 1 month (then 1 x 2 forever) as this supports the heart muscle, supports heart valves and is essential for all cell energy.
- **Active Life Capsules** - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.
- **The Krill Miracle** - Krill oil replaces missing essential nutrients. Take 1 capsule per day, 2 times per day with food.

As A Vegetarian Alternative To Krill Oil...

- **Hemp Seed Oil** - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and support a positive mental state. Take 1 teaspoon x 2 times per day.