

Retinal Artery and Vein Occlusion

What Is Retinal Artery and Vein Occlusion ?

Retinal Artery Occlusion, also known as Central Retinal Vein Occlusion, Branch Retinal Artery Occlusion, or Central Retinal Artery Occlusion, refers to a blockage in the small arteries or the veins that carry the blood to the retina.

What Causes Retinal Artery and Vein Occlusion?

The retinal arteries and veins can become blocked by a blood clot (ischemia) that then gets stuck in the arteries. This is more likely to happen when someone has atherosclerosis, otherwise known as hardening of the arteries. Clots can also travel to other areas in the body and block an artery in the retina. The most common places for these clots are in the heart and also the carotid artery, located in the neck.

Risk factors for retinal artery and vein occlusion include the following:

- Unhealthy diet
- Carotid Artery Disease, where two large blood vessels in the neck become narrowed or even blocked due to chronic inflammation
- Diabetes
- Heart valve problems
- Heart rhythm problems (atrial fibrillation)
- High blood pressure
- High levels of fat in the blood (hyperlipidemia)
- Intravenous drug abuse
- Temporal arteritis

If the retinal artery or the vein becomes blocked, a part of the retina doesn't get enough blood and oxygen, the result of which can cause partial vision loss.

The symptoms of Retinal Artery and Vein Occlusion can include a sudden blurring or even loss of vision in one eye, or part of the eye. This can be temporary, i.e. just few seconds or minutes, or it could be semi-permanent. If a blood clot develops in the eye, then it could be an indicator of a blood clot elsewhere that may result in a stroke.

If you are unsure of the cause and do not have access to a medical opinion, then act quickly—stop eating all unhealthy foods, drink 6-8 glasses of water with a pinch of bicarb in each glass, and only eat leafy greens and salad for all meals until you are stable.



“CRVO stands for Central Retinal Vein Occlusion, and I have been blind for over ten years in my left eye by a partial occlusion... I have pursued herbal supplements very actively and found nothing until I started Serrapeptase two months ago, and my eyesight in my left eye has improved over 50%. I am excited, and I hope that within another six months my left eye will have perfect vision.”

- Allan



Follow the Health Plan as recommended for the best results:

RETINAL ARTERY AND VEIN OCCLUSION HEALTH PLAN

The health plan below is designed to provide relief for retinal artery vein occlusion. By following the plan consistently and combining it with a naturally healthy lifestyle, it's possible to improve the condition and to achieve better eye health.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy eyes - in order of priority:*

- **Pinhole Massager Glasses** - To be used 30 or 60 mins after taking BlockBuster AllClear for 5-10 mins to help clear the clots.
- **Taurine Spray** - Take 5 sprays under the tongue per day. Reduces oxidative damage to the eyes and delivers nutrients to the retina cells, along with assisting in the clean-up of removal products.
- **BlockBuster AllClear** - Take 2 capsules x 3 times per day, 30 mins before eating with water. Reduce to 1 x 3 after 1-2 months. Powerful Serrapeptase, Nattokinase, Protease and enzyme formula to clear inflammation and support healthy eyes.
- **The Krill Miracle** - Krill oil replaces missing essential nutrients. Take 1 capsule, 2 times per day with food.

As A Vegetarian Alternative To Krill Oil..

- **Hemp Seed Oil** - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and support a positive mental state. Take 1 teaspoon x 2 times per day.
- **MaxiFocus™ 24 Nutrient Sublingual Spray** - Take 12 sprays per day under the tongue (e.g. 6 x 2 or 3 x 4). Contains high levels of key carotenoids Lutein and Zeaxanthin, together with 22 vitamin and minerals identified in a major study as being essential for eye health.
- **ReFocus** - Take 1 capsule x 2 times per day with breakfast and evening meals. Improves the blood supply to the brain and increases oxygen and glucose use by the brain, improving circulation around the organs, particularly the eyes.