

Photophobia Light Sensitivity

What Is Photophobia Light Sensitivity?

Photophobia light sensitivity is a condition where bright lights hurt the eyes. It can range from minor irritation to a serious medical emergency. Mild cases may involve squinting in a brightly lit room, either inside or outside. Severe cases cause considerable pain, even when your eyes are exposed to almost any type of light.



“I didn’t think I would ever be able to see properly again without having to worry about bright lights. Your health plan has truly transformed my life, and I can now see clearly without my eyes stinging and crying all the time. Thanks!”

- Margaret, Surrey



What Causes Photophobia Light Sensitivity?

Photophobia is commonly associated with migraines—severe headaches that can be triggered by various factors such as foods, hormones, and environmental changes. Corneal abrasions, scleritis, conjunctivitis, and dry eye syndrome are all conditions that can cause photophobia light sensitivity.

Photophobia Light Sensitivity FAQ

Q: I have a damaged retina and bright lights hurt my eyes a great deal. What can you suggest to help with my condition?

A: Please follow the Photophobia Light Sensitivity Health Plan for more information.

Follow the Health Plan as recommended for the best results:

PHOTOPHOBIA LIGHT SENSITIVITY HEALTH PLAN

The Photophobia Light Sensitivity plan is designed to improve your eye condition and overall eye health. When combined with the naturally healthy lifestyle and eating plan, it's possible to see results in just a few short weeks.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy eyes - in order of priority:*

- **VisionTone Herbal Formula Tonic** - Includes a combination of Western and Chinese herbs that provide powerful support and strengthens the eyes. Take a half dropper full of this 2 times per day on an empty stomach.
- **AstaXanthin** - A powerful antioxidant that can help to maintain eye health. Take 3 capsules daily.
- **HealthPoint™** - Microcurrent Stimulation - Stimulate the appropriate microcurrent points. Stimulates ATP and cellular regeneration and has been shown in studies to improve the overall improvement of eye health. Treatments per day for the first 2-4 weeks and once per day thereafter. **(See www.dovehealth.com for more information.)**
- **MSM+ Silver™ Drops** - Recommended for all eye conditions. Equalises pressure and repairs damaged membranes. Take two drops, three times a day.