## **Floaters**

#### What Are Floaters?

Floaters are small, dark shapes that float through the field of vision. They can be dots, strands, squiggles, or countless other shapes. Though they may seem annoying, they are harmless and can be prevented by eating a proper diet.

If the small spots that appear in your vision appear suddenly, it's recommended that you visit your eye doctor immediately so as to rule out any serious issues with your eyesight. A sudden rise in floaters can indicate a vitreous or retinal detachment. People who are nearsighted or diabetic are especially prone to retinal tears and floaters. "I tried Serrapeptase, and it has cured floaters in my eyes that I have had for 30 plus years, arthritis in one finger, and my fingernails have also started growing again... I have a lot more energy... and just one bottle did the trick."

- Elaine N., Canada

#### What Causes Floaters?

Floaters are mainly caused by bits of cells that can remain in the vitreous humor and continue to float around when the vitreous is later liquefied. It's estimated that around 50% of people over 70 years old are seeing floaters.

#### **Floaters FAQ**

Q: I started taking Serrapeptase two weeks ago to clear up eye floaters. It hasn't yet shown any results, and I was wondering how long should I expect it to take before seeing a difference in these floaters? I'm taking two pills a day. Thank you.

A: Follow my Floaters Health Plan for best results. Serrapeptase is unlikely to clear them on its own.

### Follow the Health Plan as recommended for the best results:

# FLOATERS HEALTH PLAN

The floaters health plan below is designed to provide relief for your eye condition. By following the health plan and implementing a naturally healthy lifestyle, it's possible to improve floaters in a few short weeks, along with your overall eye health.

Your 4-8 Week Plan, From My eBook, by Robert Redfern Supplements to support healthy eyes - in order of priority:

- MaxiFocus<sup>™</sup> 24 Nutrient Sublingual Spray Take 4 sprays, 3 times a day for the first three bottles then reduce to 2 sprays, 3 times a day. Contains high levels of key carotenoids Lutein and Zeaxanthin, together with 22 vitamin and minerals identified in a major study as being essential for eye health.
- **<u>Re-Vision Formula</u>** Take 1-2 droppers full, three times a day for the treatment and then 2 times a day for prevention. Powerful support for healing floaters.
- <u>Serranol</u> -SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 2 capsules x 3 times per day, 30 mins before eating a meal with water, and reduce to 1 x 3 after a good relief. These ingredients support eye health by providing better eye circulation, due to the Serrapeptase clearing inflammation. Curcumin contains anti-inflammatory properties that stimulate glutathione to protect the cells and the tissue from inflammation, while modulating the immune system.
- <u>HealthPoint™</u> Stimulates the appropriate microcurrent points. Stimulates ATP and cellular regeneration and has been shown in studies to help the overall improvement of eye health. Treatments per day for the first 2-4 weeks and once per day thereafter. (See www.dovehealth.com for more information.).
- MSM+ Silver<sup>™</sup> Drops

   Take 2 drops, 3 times a day. Contains MSM (Methylsulfonylmethane) which softens membranes, allowing fluid to pass through to optical tissues. L-Carnosine acts as a natural antioxidant, protecting structural lens proteins from the free radical induced oxidation process.