

# Diabetic Retinopathy

## What Is Diabetic Retinopathy?

Diabetic retinopathy is a serious eye condition that diabetics can get and is especially common in those who have lived with diabetes for a long period of time. Doctors will be able to see any abnormalities in the eyes, but there is usually no threat to eyesight.

There are two kinds of diabetic retinopathy that can damage eyesight; both involve a fine network of blood vessels within the retina.

## What Causes Diabetic Retinopathy?

Maculopathy occurs when the blood vessels within the retina begin to leak. When the macula becomes affected, vision gradually becomes worse, and it may become difficult to see people's faces in the distance or to read small print, although the amount of central vision loss will vary between individuals. However, the vision that enables you to get around both at home and outside, i.e. your navigation vision, will be preserved. It is very rare for anyone who has maculopathy to lose his or her eyesight completely.

## Diabetic Retinopathy FAQ

**Q: My husband is a Type 1 diabetic with diabetic retinopathy. He has floaters and bleeds. Will this enzyme clear up the "junk" so he can see clearer without affecting his blood sugar levels or blood pressure?**

A: I am sending my full plan below for clearing up the diabetic retinopathy eye problems. It requires only eating a really healthy food diet and some supplements that include Serrapeptase.

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**"My blurred vision was making basic tasks extremely difficult. I have had diabetes for a while but had no idea it could affect my vision too until recently when my doctor confirmed I had the condition. Thankfully, I've managed to control the symptoms by following the plan you recommended to me and by taking Serrapeptase and the recommended products in your diabetic retinopathy health plan. Thank you for all that you do."**

**- Jerry, USA**

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*Follow the Health Plan as recommended for the best results:*

## DIABETIC RETINOPATHY HEALTH PLAN

The following plan is designed to provide relief for diabetic retinopathy and its symptoms. By following the plan below and implementing a naturally healthy lifestyle, it's possible to find relief for this condition and improve your overall eye health.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern  
Supplements to support healthy eyes - in order of priority:*

- **Taurine Spray** - Take 5 sprays under the tongue daily. Reduces oxidative damage and delivers nutrients into the retina cells. Also supports the cleaning of waste products in the retina. Protects against glucose damage, especially in diabetics.
- **Pancreas+ Support Spray** - Take 6 sprays in the mouth over the course of the day. Reduces oxidative damage and delivers nutrients into the retina cells. Also supports the cleaning of waste products in the retina. Protects against glucose damage, especially in diabetics.
- **MaxiFocus™ 24 Nutrient Sublingual Spray** - Take 4 sprays, 3 times a day for the first three bottles then reduce to 2 sprays, 3 times a day. Contains 24 super nutrients and antioxidants that support healthy eyes.
- **HealthPoint™** - Stimulate the appropriate microcurrent points. Treatments per day for the first 2-4 weeks and once per day thereafter. **(See [www.dovehealth.com](http://www.dovehealth.com) for more information.)**
- **The Krill Miracle** - Krill oil replaces missing essential nutrients. Take 1 capsule per day, 2 times per day with food.

### **As A Vegetarian Alternative To Krill Oil...**

- **Hemp Seed Oil** - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and support a positive mental state. Take 1 teaspoon x 2 times per day.
- **Alpha Lipoic Acid-R** - Take 1 capsule, 3 times a day with food. Supports eye health and repairs oxidative damage, regenerating other antioxidants.
- **AstaXanthin** - Take 2 capsules, 2 times a day with food. Provides powerful support for healthy eyes.
- **MSM+ Silver™ Drops** - Take 2 drops, 3 times a day. Contains MSM (Methylsulfonylmethane) which softens membranes, allowing fluid to pass through to optical tissues. L-Carnosine acts as a natural antioxidant, protecting structural lens proteins from the free radical induced oxidation process.