

Liver Disease

What Is Liver Disease?

Liver diseases may include inflammation of the liver, hepatitis, fatty liver disease, cirrhosis, alcoholic liver disease, primary biliary cirrhosis, primary sclerosing cholangitis, and other genetic disorders.

Symptoms of liver dysfunction include:

- Various digestive issues
- Blood sugar problems
- Immune disorders
- Abnormal fat absorption
- Metabolic issues
- Brain disorders

Fat malabsorption may cause a number of related issues, including reflux, indigestion, hemorrhoids, gallstones, fatty food intolerance, alcohol intolerance, fat-soluble vitamin deficiency, nausea and vomiting, bloating, and constipation.

Brain disorders related to liver disease may include mood changes like anger and irritability, depression, brain fog, overheating, and recurrent headaches associated with nausea.

What Causes Liver Disease?

There are a number of causes of liver disease that may include autoimmune issues related to a virus, pharmaceutical drugs, chemical toxins, alcohol poisoning, processed junk foods, high-sugar foods, starchy carbohydrates, and an excess of copper or iron triggered by genetic issues, in rare cases.

Liver Disease FAQ

Q: I just received my Serrapeptase order and have been searching your site for information on its effect on cirrhosis of the liver and haven't found anything. Could you address this for me as it appears that I'm suffering from this or some type of serious liver fibrosis? Thank you.

A: Serrapeptase is good for the liver but to recover your liver you need a full plan. Please see the Liver Disease Health Plan.

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“I have liver disease and suffer with many of the symptoms associated with it including weight loss, fatigue, nausea and vomiting. Since following the program to improve my liver health, I've seen a big difference in my symptoms. I am feeling much better already after just a few weeks, so I will continue to follow your health plan...”

- Mary, Cambridgeshire

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Follow the Health Plan as recommended for the best results:

LIVER DISEASE HEALTH PLAN

The plan below is designed to provide relief and start the healing process for liver disease. When the supplement regimen is combined with a naturally healthy lifestyle, then it's possible for the symptoms of liver disease to ease. The results of sticking to this plan are that it's possible to achieve good health in the long-term, when it is followed consistently.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy digestion and organs - in order of priority:*

- **1st Line (Thiocyanate) Immune Support Kit** - This clears any infection remaining in the cells. Take 1 kit daily for 3 days (total of 3). 1st Line should always be taken at least 90 minutes before and after food, approximately. 3 kits are the minimum, and in serious conditions, 10 kits over 10 days are better if finances allow.
- **Serranol** - Contains SerraEnzyme, Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Clears inflammation and provides strength support for healthy joints, cells, heart, blood flow, circulation and cholesterol. Daily Dose: Take 1 capsule x 3 times per day. Take 30 minutes before or 2 hours after food.
- **Alpha Lipoic Acid-R** - Take 2 x 2 capsules per day while healing. Supports healthy liver function.
- **B4 Health Spray** - Take 3 sprays x 3 times a day in the mouth. Provides a healthy boost to the immune system, improves B12 absorption and supports healthy homocysteine levels.
- **Sam-e Plus+** - Take 2 capsules, 2-3 times daily. Support for your liver regeneration.
- **Prescript-Assist - 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 capsule x 2 times a day (can be opened and mixed with food) and then for maintenance at the rate of 1 every 3 days. **(See www.Probiotic29.com/studies.)**