

Liver Cysts

What Are Liver Cysts?

A cyst is a fluid-filled sac that can grow anywhere in the body. For the most part they are benign and in the case of liver cysts they are mostly caused from birth (congenital). It is when they become malignant that you should be concerned as malignant cysts can invade other parts of the body and spread.

What Causes Liver Cysts?

Simple cysts can be inherited (congenital) and are assigned from birth and are not cancerous or dangerous. But multiple benign cysts is the condition behind polycystic liver disease. Certain types of liver cysts can be caused by parasites and humans can receive this in the body through exposure in the skin, wounds or orifices.

Liver Cysts FAQ

Q: Are liver cysts a cause for concern?

A: The simple liver cysts are not too much of a concern; however, they can rupture or become infected. Inflammation can be a primary cause of infection and Serrapeptase can help. This is because Serrapeptase is a proteolytic enzyme that digests and dissolves dead tissue in the body. It can help to ease the inflammation and improve any painful symptoms associated with it.

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“I have suffered with liver cysts for years and nothing seems to have helped. I have taken Serranol for just over two months now and I’m already beginning to notice an improvement. I went to the doctor recently and he has seen a decrease in the cyst swelling, which can only be a good sign.”

- D. Hammond, Yorkshire

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Follow the Health Plan as recommended for the best results:

LIVER CYST HEALTH PLAN

The following health plan is designed to provide relief for liver cysts and to ultimately improve the digestive system for better overall health. When the liver cyst supplement regime is combined with a naturally healthy lifestyle, results can be seen in a few short weeks.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy digestion and organs - in order of priority:*

- **Serranol** - Contains SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3 - Take 2 capsules x 3 times per day, 30 mins before eating a meal with water.
- **Alpha Lipoic Acid-R** - Take 2 capsules x 2 times daily. Take for protection while healing.
- **Nascent Iodine** – Iodine is essential for a completely healthy body. Take 5 drops x 3 times per day in 20ml of water, swish around the mouth for 30 seconds before swallowing. Build over 2 weeks to 15 x 3 until well and then slowly reduce back to 5 x 4. Take 1st dose on waking, 2nd midmorning and 3rd midafternoon. Note that Iodine needs a supplement containing Selenium to activate it, such as Active Life, D.I.P. Daily Immune Protection or B4 Health Spray.
- **D.I.P. Daily Immune Protection**- Take 1 capsule twice daily with food. Protects against infection and maintains a balanced immune system.
- **Prescript-Assist - 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 capsule x 2 times a day (can be opened and mixed with food) and then for maintenance at the rate of 1 every 3 days. **(See www.Probiotic29.com/studies.)**