

Diverticulitis

What Is Diverticulitis?

Diverticulitis is a common digestive disease characterized by pouch formations within the bowel walls. Pouches may form within the large intestine, or colon, and can occur in the small intestine on occasion. Diverticulitis takes place when a pouch, or diverticulum, grows inflamed.

Common symptoms of the condition may include diarrhea, constipation, nausea, right side abdominal pain, and bleeding from the rectum, in some cases.

What Causes Diverticulitis?

Diverticulitis is caused by feces trapped in pouches, or diverticula, along the large intestinal wall. This will provide a breeding ground for bacteria to grow to cause infection or inflammation; inflammation will result in pressure that can tear or perforate the intestinal wall.

Diverticulitis FAQ

Q: My uncle just had surgery for it and now my Mom is in the hospital with the same thing. I am young, but I have the same symptoms. Can it be hereditary and should I go to the doctor, or do you think I'm over reacting?

A: More and more studies are suggesting that diverticulitis is not hereditary, but that families have diverticulitis because they share the same eating habits. A diet rich in fruit and vegetables which are full of fiber will help. Avoid starchy carbs and grains as these can inflame the problem, making it worse. Take Serranol, a mixture of Serrapeptase, Curcumin, Ecklonia Cava extract and Vitamin D3, as these can help to reduce the inflammation, and this will ease the symptoms associated with the condition.



“My abdominal pain had me feeling awful for weeks. I was feeling very ill, suffering with diarrhea and nausea amongst some other less than pleasant experiences. I decided to look online for a solution and came across your Serrapeptase. I ordered a bottle and after just one week, I already feel a difference. The pain is subsiding and I am beginning to see light at the end of the tunnel, at last.”

- Karen P, Bolton



Follow the Health Plan as recommended for the best results:

DIVERTICULITIS HEALTH PLAN

The following health plan is designed to provide relief for diverticulitis. When combined with a naturally healthy lifestyle, it's possible to improve diverticulitis and its symptoms to the point where the digestive system is eased. In just a few short weeks, it's possible for diverticulitis symptoms to improve and for long-term good health to be attained.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy digestion and organs - in order of priority:*

- **Serranol** - SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 2 capsules x 3 times per day, 30 mins before eating a meal with water, and reduce to 1 x 3 after a good relief.
- **Gastro Enzyme Therapy** - Relieves all digestive tract problems. Take 1-3 after each meal, a total of 3 to 9 a day.
- **Prescript-Assist - 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 capsule x 2 times a day (can be opened and mixed with food) and then for maintenance at the rate of 1 every 3 days. **(See www.Probiotic29.com/studies).**
- **Essential Digestive Plus** - For healthy digestion and absorption. Take 1 capsule as you start your meals, 3 times per day.

Other Recommended Products

- **1st Line (Thiocyanate) Immune Support Kit** - This clears any infection remaining in the cells. Take 1 kit daily for 3 days (total of 3). 1st Line should always be taken at least 90 minutes before and after food, approximately. 3 kits are the minimum, and in serious conditions, 10 kits over 10 days are better if finances allow.