

Diabetes

What Is Diabetes?

Diabetes includes a group of metabolic diseases characterized by high blood sugar, either because cells do not properly respond to insulin or because the pancreas does not produce enough insulin for the body to use. High blood sugar may cause diabetic symptoms like increased thirst, increased hunger, and frequent urination.

The three main types of diabetes include Type 1 where the body fails to produce enough insulin, also known as insulin-dependent diabetes or juvenile diabetes; Type 2 caused by insulin resistance, also called adult-onset diabetes; and gestational diabetes, which occurs when pregnant women develop high blood glucose levels.

What Causes Diabetes?

The cause of Type 1 diabetes is unknown and may be related to an infection, genetic and environmental factors. The cause of more prevalent Type 2 diabetes is the result of insulin resistance, when cells become resistant to insulin in the body and the pancreas cannot compensate by producing enough insulin to overcome resistance. Sugar in the bloodstream will build up instead of moving into cells where it is needed for energy.

Type 2 diabetes can be a lifestyle condition that is related to unnatural foods, weight, and environmental and genetic factors. An unhealthy weight greatly increases the risk of chronic disease, including Type 2 diabetes.

Diabetes FAQ

Q: My 9-year-old son has Type 1 diabetes. Will it be beneficial for him to take Serrapeptase?

A: No, it won't, but these things below will help his future health while you are waiting for the islet replacement therapy to become available (since the medical business is dragging their feet over it).

Only give him really healthy foods (which applies to all of you, in these circumstances) as seen in the plan below.

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“I came across your site sometime last year and took your recommendations for my mom who has diabetes and was complaining of a constant throbbing in her left arm above her elbow. I got the Serrapeptase and she used it and after a couple of weeks she found much relief..”

- Florence S., Trinidad and Tobago
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Follow the Health Plan as recommended for the best results:

Click
for more
details

DIABETES (PANCREAS HEALTH) PLAN

The plan below is designed to provide relief for diabetes sufferers. When it is followed consistently and combined with a naturally healthy lifestyle, the symptoms of diabetes can be improved and the result is long-term good health in just a few short weeks.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support healthy digestion and organs - in order of priority:*

- **Serranol** - Clears inflammation and provides strength support for healthy joints, cells, heart, blood flow, circulation and cholesterol. Take 1 capsule x 3 times per day. Take 30 minutes before or 2 hours after food.
- **Cinnamon 27™** - To support healthy blood sugar and maintain normal blood glucose levels. 1 capsule per 50 pounds body weight (e.g. for a 150 pound person, take 3 capsules, 3 times per day, before meals). Take for 27 days, stop for at least 3 days, then resume.
- **GlycoSpray™** - A complete formula to help support pancreas function and assist in regeneration of pancreas B cells. As a dietary supplement, take 6 sprays (in the mouth) once a day. For greater benefit, take 3 sprays, twice a day, or as directed by your healthcare professional.
- **Alpha Lipoic Acid-R** - Improves glucose metabolism in those with type 2 diabetes. Take 2 capsules per day on an empty stomach or as directed by your healthcare professional.
- **Nascent Iodine** - Iodine is essential for a completely healthy body. Take 5 drops x 3 times per day in 20ml of water, swish around the mouth for 30 seconds before swallowing. Build over 2 weeks to 15 x 3 until well and then slowly reduce back to 5 x 4. Take 1st dose on waking, 2nd midmorning and 3rd midafternoon. Note that Iodine needs a supplement containing Selenium to activate it, such as Active Life, D.I.P. Daily Immune Protection or B4 Health Spray.
- **Ancient Minerals Magnesium Oil Spray Ultra** - Restores cellular magnesium levels, protects cells, relieves aches and pains. Apply to legs, arms, chest and back muscles daily after a shower.
- **Prescript-Assist- 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 x 2 times per day ([See www.Probiotic29.com/studies](http://www.Probiotic29.com/studies).)
- **Active Life Capsules** - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.

Other Recommended Products

- **1st Line (Thiocyanate) Immune Support Kit** - This clears any infection remaining in the cells. Take 1 kit daily for 3 days (total of 3). 1st Line should always be taken at least 90 minutes before and after food, approximately. 3 kits are the minimum, and in serious conditions, 10 kits over 10 days are better if finances allow.
- **Essential Digestive Plus** - For healthy digestion and absorption. Take 1 capsule as you start your meals, 3 times per day.
- **Naturally Better Vitamin E** - Take 1 capsule, 2 times per day. Protects healthy fats from oxidising and causing free radical damage.
- **The Krill Miracle** - Take 1 capsule x 2 times per day. Contains Omega 3, 6 and 9 oils that improve heart damaging inflammation and damaging cholesterol levels.

Alternative To The Krill Miracle...

- **Hemp Seed Oil** - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and support a positive mental state. Take 1 teaspoon x 2 times per day.