

# Vascular Diseases of the Brain and Kidney

## What Are Vascular Diseases of the Brain and Kidney?

Vascular disease refers to disease of the blood vessels. The three types of blood vessels include veins, arteries, and lymphatics.

There are a number of arterial diseases, but vascular brain disease encompasses vascular dementia and cerebrovascular disease. Conditions may include stroke and transient ischemic attack (TIA) that causes a temporary drop in the brain's blood supply; subarachnoid hemorrhage occurs when blood leaks out of vessels in the brain. Renal vascular disease refers to complications associated with arteries and veins in the kidneys.

## What Causes Vascular Diseases of the Brain and Kidney?

Renal vascular disease may be caused by renal artery stenosis (related to atherosclerosis), renal artery thrombosis, renal artery aneurysm, atheroembolic renal disease, and renal vein thrombosis. Vascular disease of the brain may also be caused by atherosclerosis, when high cholesterol levels meet inflammation in the arteries to cause cholesterol buildup. Cholesterol buildup creates plaque that can obstruct brain blood flow to cause stroke, TIA, dementia, or other complications.

## Vascular Diseases of the Brain and Kidney FAQ

**Q: My wife has vascular dementia which has slowly been getting worse over the past few years. Is there anything you can recommend to help with this condition?**

A: Yes, it's very important that you follow my Vascular Brain Disease Health Plan and that she be put on a healthy lifestyle diet right away for best results.

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**“My husband was diagnosed with vascular dementia a year ago. I was devastated but in a way it was good to be able to put a name to his condition as I noticed he had been very forgetful for the past few months and wasn't sure what was happening to him. I found your site and read through all of the information and felt amazed to realise that there could be a solution.**

**I decided to give your products a go and have been giving him the Blockbuster and the Serranol as recommended. It's only early days but I have noticed he is looking better and despite the doctors' diagnosis that it was only going to get worse, I have noticed that the progression of this disease is going a lot slower as a result, which can only be a good thing.”**

**- Sue, Surrey**

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*Follow the Health Plan as recommended for the best results:*

## VASCULAR DISEASES OF THE BRAIN AND KIDNEY HEALTH PLAN

The following health plan is designed to provide relief for vascular diseases of the brain and kidney. By following the plan below, which includes a supplement regime and a naturally healthy lifestyle, it's possible to improve vascular disease brain and kidney symptoms, so as to achieve overall good health in the long-term.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern  
Supplements to support healthy arteries - in order of priority:*

- [BlockBuster AllClear](#) - Take 2 capsules x 3 times per day for 30 minutes before eating and drop to 1 x 3 after 1 month (plan on 1-2 months). Contains Serrapeptase, Nattokinase, Protease and Lipase. Blockbuster supports healthy arteries and a cardiovascular system, along with healthy blood pressure and the circulatory system.
- [Serranol](#) - Contains SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 1 capsule x 3 times per day with the Blockbuster.
- [Vitamin D3-K2 Spray](#) - Take 4 sprays x 2 times per day. Helps to clear calcium build-up.
- [B4 Health Spray](#) - Take 4 sprays x 2 times per day. Supports the heart and cardiovascular system.
- [HealthyFlow](#) - Take 2 teaspoons, 2 times a day in water or food. Contains L-arginine, L-lystine and L-citrulline that support healthy blood and arteries.
- [UB8Q10 Ubiquinol](#) - **(8x more effective than CoQ10)** - Take 2 x 2 times per day with food for 1 month (then 1x2 for ever). This supports cell energy.
- [Active Life Capsules](#) - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.
- [The Krill Miracle](#) - Take 1 x 2 times per day. Contains Omega 3, 6 and 9 oils that support the reduction of heart damaging inflammation.

### ***Alternative To The Krill Miracle...***

- [Hemp Seed Oil](#) - Contains Omega 3, 6 and 9 fatty acids from cold-pressed organic hemp. It can boost the immune system and support a positive mental state. Take 1 teaspoon x 2 times per day.