

Thrombosis

What Is Thrombosis?

Thrombosis is a blood clot that forms inside of a blood vessel. It blocks the flow of the blood in the circulatory system. As the blood vessel becomes injured, the body then uses its platelets (known as thrombocytes), and fibrin forms a blood clot to prevent any blood loss. Under certain kinds of conditions, blood clots can still form even if a blood vessel isn't damaged.

If a blood clot eventually breaks free, it can travel throughout the body. This is known as an embolus. If blood flow is reduced significantly by a large thrombus, hypoxia can occur; this results in metabolic products like lactic acid accumulating in the body. A large thrombus can create a greater obstruction to blood flow, resulting in anoxia (otherwise known as oxygen deprivation), infarction, and tissue death.

Generally, there are two forms of thrombosis: venous and arterial. These can be presented in several different subtypes, including Venous Thrombosis, Deep Vein Thrombosis, Portal Vein Thrombosis, Renal Vein Thrombosis, Jugular Vein Thrombosis, Budd-Chiari Syndrome, Paget-Schroetter Disease and also Cerebral Venous Sinus Thrombosis.

There are other types of conditions that can arise in accordance with thrombus location, which can affect the organs. A thromboembolism is a combination of thrombosis and an embolism.

What Causes Thrombosis?

A thrombosis is formed by a blood clot inside a blood vessel. It can be caused by inflammation continually compromising the quality of the blood vessel wall, blood composition (e.g., high homocysteine) and the nature of the blood flow itself. Therefore, it is very important to maintain healthy blood circulation if you want to avoid any cardiovascular health condition such as thrombosis.

Thrombosis FAQs

Q: I have had a 100% occluded blood clot in the popliteal vein of my knee since February, which caused many clots in my lungs. I think there are still undissolved clots in my lungs, and/or tissue damage from these clots. I am on Warfarin. Which of your products would be best for me, and what initial dosage should I start out on?

A: Firstly, Warfarin does not dissolve clots. It only thins the blood and 'hopefully' prevents new clots. You need to follow the plan below. This plan is to clear the problems and get you healthy. No single supplement can do this. It is a lifestyle change: Thrombosis Health Plan.

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"I have been suffering for a while with severe thrombosis and didn't know what to do. I stumbled upon your site while searching for a solution and I was amazed by what I discovered. Since taking your advice and following your health plan that you sent to me I have seen a significant improvement in my condition. I have been taking the BlockBuster AllClear and the B4 Health Spray religiously and, along with the healthy eating plan, I have really seen an improvement in my overall health and wellbeing. Thank you!"

- Jill, East Sussex

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Follow the Health Plan as recommended for the best results:

THROMBOSIS HEALTH PLAN

The first two below are the very minimum I recommend but the rest are also important if finances are OK. The food and exercise in the Recovery Food Plan are the real cure.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support a healthy cardiovascular system - in order of priority:*

- **BlockBuster AllClear** - Take 2 capsules x 4 times per day for 30 minutes before eating and drop to 1 x 3 after 1 month (plan on 1-2 months). Contains Serrapeptase, Nattokinase, Protease and Lipase. Blockbuster supports healthy arteries and the cardiovascular system, along with healthy blood pressure and the circulatory system.
- **B4 Health Spray** - Take 4 sprays x 2 times per day. Supports the heart and cardiovascular system.
- **Serranol** - Contains SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3 designed to provide relief and reduce inflammation. Take 1 capsule x 3 times per day with the Blockbuster AllClear.
- **HealthyFlow** - Take 2 teaspoons, 2 times a day in water or food. Contains L-arginine, L-lystine and L-citrulline that support healthy blood flow and arteries.
- **Active Life Capsules** - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.