

Carotid Arteries/Arterial Vascular Disease

What Is Carotid Artery Disease, and What Causes It?

Carotid artery disease occurs when plaque builds up inside of carotid arteries. The two main carotid arteries are located on either side of the neck, each dividing into internal and external carotid arteries. Internal carotid arteries are responsible for supplying oxygen-rich blood to the brain. External carotid arteries supply oxygen through the blood to the scalp, neck, and face.

Carotid artery disease is a serious cause for concern because it can result in a stroke, otherwise known as a "brain attack." A stroke will occur if blood to the brain is cut off. If blood flow is cut off for more than a few minutes, brain cells will begin to die. This will result in damage to other parts of the body controlled by brain cells. A stroke can result in long-lasting brain damage, long-term disability that includes paralysis and speech and vision problems, or even death.

What Is Arterial Vascular Disease, and What Causes It?

Arterial vascular disease describes blood vessel diseases, which affect the blood vessels, or tubes, that pump blood throughout the body. The three categories of blood vessels include arteries, veins, and lymphatics.

Arteries supply oxygen in the blood from the heart to each part of the body, including the brain, kidneys, intestines, limbs, and the heart itself. Disease in the arteries is called arterial disease; disease in the veins that return blood back to the heart is called venous disease. Lymphatics are the third type of blood vessel that supply fluid from the skin and other tissue to the veins.

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"Dear Robert, I just wanted to let you know that I have my results from my ultrasound on my Carotid arteries. The left is now completely clear from 48% blocked and the right has a small visible amount about 5% to 10% from 50% blocked. From something that cannot be reversed, good old Serrapeptase has done the trick. Many thanks for all your advice and encouragement."

Best regards,

- Harold I., AUSTRALIA

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"Hello Robert, some time ago I wrote to you asking your advice on which product I should take for my blocked carotid artery which was diagnosed twelve months ago. I ended up taking four bottles of Blockbuster starting in January, and my latest scan which I had taken showed that my blockage has reduced from 70% to just under 50% - how amazing is that. The specialist asked me what I had been doing, and my husband and I decided to tell her. She said she had never heard of Serrapeptase, and I was surprised that she didn't seem to show much interest. She just said that she was very happy with the results and just to keep on doing whatever I was doing. You would think that she would have been more excited. I also take your Krill Oil every day. This is just the most amazing product, and I am surprised at how quickly it has started to work for me."

- Fran Smith

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Follow the Health Plan as recommended for the best results:

CAROTID ARTERIES/ARTERIAL VASCULAR DISEASE HEALTH PLAN

The full carotid artery health plan is designed to provide relief for carotid arteries/arterial vascular disease and to improve your condition in the long-term.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support a healthy heart - in order of priority:*

- [BlockBuster AllClear](#) - Contains SerraEnzyme Serrapeptase, Nattokinase and 13 other circulation supporting nutrients. Take 2 x 3 times per day, 30 mins before eating and drop to 1 x 3 after 1 month (plan on 1-2 months).
- [Serranol](#) - Contains SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 1 capsule x 3 times per day with the Blockbuster.
- [Vitamin D3-K2 Spray](#) - Take 4 sprays x 2 times per day. This helps to clear calcium build-up.
- [B4Health Spray](#) - Take 4 sprays x 2 times per day. Supports a healthy heart and cardiovascular system.
- [HealthyFlow](#) - Take 2 teaspoons, 2 times a day in water or food. Contains L-arginine, L-lystine and L-citrulline that support healthy blood and arteries.
- [UB8Q10 Ubiquinol \(8x more effective than CoQ10\)](#) - Take 2 x 2 times per day with food for 1 month (then 1 x 2 for ever) as this supports the heart muscle and heart valves and is essential for all cell energy.
- [Active Life Capsules](#) - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.
- [The Krill Miracle](#) - Take 1 capsule x 2 times per day. Contains Omega 3, 6 and 9 oils that improves heart damaging inflammation and damaging cholesterol levels.