

# Cancer

## What Is Cancer?

Cancer includes a large number of diseases marked by unregulated cell growth, referred to in the medical community as malignant neoplasm. Cancer occurs when cells divide and grow out of control to form malignant tumors; these cells spread and invade other parts of the body. While not all tumors are cancerous, benign tumors do not spread and invade nearby tissue.

## What Causes Cancer?

The exact cause of cancer is not known or fully understood. There are a number of factors that increase the risk of cancer, including diet, smoking, certain infections, radiation exposure, lack of exercise, obesity, and environmental pollutants. These factors may damage genes or exacerbate existing genetic issues to result in cancerous mutations. 5 to 10% of all cancers can be traced back to genetic defects; genetics may increase risk but do not directly cause cancer.

Other than missing essential minerals, such as Selenium and Iodine, the prime factor in cancers is a diet containing high levels of starchy carbohydrates and other high sugar foods.

Cancer can often be prevented by making lifestyle changes, like not smoking; eating fewer cured or factory farmed meats; cutting out cereals, grains, high-sugar foods, and junk foods; maintaining a healthy weight; staying active; getting natural sunlight exposure; and supplementing with missing nutrients like vitamin D3, Iodine, and Selenium.

Cancer can be detected in a number of ways, and the earliest forms are detected with a blood test and/or thermographic imaging. It is wise to immediately start a natural health plan in this case. Cancer is usually medically treated with chemotherapy, radiation therapy, and surgery; if this route is chosen, then the natural health solution is even more critical.

The chance of cancer survival depends on diet and the stage of the disease diagnosed. Cancer can affect people of all ages, although some types are more common in children. As a general rule, cancer risk increases with age.

Cancer caused 13% of all deaths around the world in 2007, estimated at 7.9 million. However, cancer was responsible for close to 30% of deaths in Western countries that consumed an unnatural diet. Cancer rates are rising as people live longer and the mass junk food diet becomes more common in the developed world.

## Cancer FAQ

**Q: My 56-year-old brother has cancer of the liver, bowel, and lymph involvement. Do you feel he would benefit from taking Serrapeptase as chemo was unsuccessful, sadly? If, not, would you recommend something else that might slow the cancer?**

A: If he has 3 months to live, then this plan is likely to be successful if it is strictly adhered to. The cure is in the detail.

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**“My sister in Canada used it for a painful lump under her right arm. After using a bottle of Serrapeptase she felt a lot better!**

**I recently got it for a lady (70 yrs) with breast cancer. She has had a hard mass in her right breast from working with chemicals for many years. She has been using Arimidex and started the Serrapeptase, taking 2 a day. There is lots of inflammation in her breast since it has become a hard mass. On a daily basis the fluid would drain off, sometimes with a bit of blood. After weeks of Arimidex only a very tiny area to the top started to dry up. Thank you so much for all your info and also thanks for answering my request.”**

**- Florence S., Trinidad and Tobago**

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Follow the Health Plan as recommended for the best results:



## CANCER HEALTH PLAN

The following plan is designed to aid the cancer recovery process. When the below supplements are taken along with a naturally healthy lifestyle, it's possible for the healing to begin, from the inside out.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern  
Supplements to support cancer health - in order of priority:*

- **1st Line (Thiocyanate) Immune Support Kit** - This clears any infection remaining in the cells. Take 1 kit daily for 3 days (total of 3). 1st Line should always be taken at least 90 minutes before and after food, approximately. 3 kits are the minimum, and in serious conditions, 10 kits over 10 days are better if finances allow.
- **Serranol** - Contains SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 2 capsules x 3 times per day, 30 mins before eating a meal with water.
- **Curcuminx4000** - Take 4 capsules x 3 times per day with the Serranol. Curcumin is a potent antioxidant that can relieve inflammation and help in the healing process.
- **Essential Digestive Plus** - Take 3 capsules x 4 times per day, 15 minutes before eating. Aids digestion and improves the absorption of essential vitamins and minerals.
- **Nascent Iodine** - Iodine is essential for a completely healthy body. Take 5 drops x 3 times per day in 20ml of water, swish around the mouth for 30 seconds before swallowing. Build over 2 weeks to 15 x 3 until well and then slowly reduce back to 5 x 4. Take 1st dose on waking, 2nd midmorning and 3rd midafternoon. Note that Iodine needs a supplement containing Selenium to activate it, such as Active Life, D.I.P. Daily Immune Protection or B4 Health Spray.
- **Prescript-Assist - 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 2 capsules x 2 times per day until clear and then drop to 1 every few days. Supports the gut, immune system, and assimilation of nutrients into the gut. **(See [www.Probiotic29.com/studies](http://www.Probiotic29.com/studies).)**
- **Graviola** - Take 3 x 3 times per day, but lower to 1 capsule x 3 if the person feels too sick with the rapid clearing of the cancer cells. This clears unhealthy cells.
- **Active Life Capsules** - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.