

Autoimmune Disease

What Is Autoimmune Disease?

An autoimmune disorder is a condition where the immune system mistakenly attacks and then destroys healthy body tissue. There are a large group of autoimmune diseases, and they manifest in different ways.

What Causes Autoimmune Disease?

They come from a virus or bacteria, but in the end, autoimmune disease is basically caused by a low level infection residing in the body.

What Types of Autoimmune Disease Are There?

There are a wide number of autoimmune diseases, and they include Crohn's Disease, Fibromyalgia/Chronic Fatigue, Human Papillomavirus (HPVO), Hashimoto's Thyroiditis, Lupus, Lyme Disease, ME, Multiple Sclerosis (MS), Myasthenia Gravis, Rheumatoid Arthritis (RA), Psoriatic Arthritis, Juvenile Arthritis, and more.

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"Hi Robert, this may seem strange to you, but I initially started taking Serrapeptase as part of treatment for Lyme disease. My numerous symptoms were hair loss, loss of collagen, shortness of breath, hypercoagulation, etc. etc. etc.! AND I had a wart on the bottom of my foot that wouldn't go away - about five days into the Serrapeptase, my hair loss decreased significantly. After a month, the wart on the bottom of my foot was almost gone! After about two months, the shortness of breath was much better. I then started an all-natural protocol using the Serrapeptase, and I am now, after three months, feeling better than I have in two years! Thank you."

- Melisa

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Relief for Bilateral Pneumonia, Lyme Disease, and Bartonellosis

"Dear Robert,

After having taken your recommended supplements for 1 month, I had another X-ray and consultation, re: the bi-lateral pneumonia. While last time there were still shadows on my right lung, both lungs are now completely normal and the pneumonia is now regarded as resolved...

Generally speaking (my chronic lyme and morgellons in the background), even my husband has noticed an improvement in my general health, strength and mood. Although much improved, I still have a little mucus - I have a feeling it comes from the sinuses."

- Tina

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"Hi Robert, I have been on Serrapeptase for the past year. I started in 2009. I have bad hip pains, perhaps arthritis; however, a friend of mine in Scotland asked me to try these tablets, which I did. After the first week, I was a new person. I have more energy naturally because I have no pain now, and when I have a fall now, pain doesn't last as long the days after it. I forgot to mention - I ride horses a lot and have had numerous falls: breaking my chin and on another occasion, my wrist, my ankle and a few ribs. These are accidents I have had over 30 or more years. I am now 47 years old, and I am still backing horses for the first time and have great confidence again - nothing seems to scare me."

- Camilla

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Follow the Health Plan as recommended for the best results:



AUTOIMMUNE DISEASE PLAN

This Autoimmune Disease Health Plan provides relief for (MS), Lupus, ME, Chronic Fatigue, Fibromyalgia, Rheumatoid Arthritis (RA), Psoriatic Arthritis, Juvenile Arthritis, Crohn's Disease, Lyme Disease, Myasthenia Gravis, Psoriasis, Human Papillomavirus (HPV), Hashimoto's and more.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support a healthy immune system - in order of priority:*

- **1st Line (Thiocyanate) Immune Support Kit** - This clears any infection remaining in the cells. Take 1 kit daily for 3 days (total of 3). 1st Line should always be taken at least 90 minutes before and after food, approximately. 3 kits are the minimum, and in serious conditions, 10 kits over 10 days are better if finances allow.
- **Serranol** - SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 2 capsules x 3 times per day, 30 mins before eating a meal with water, and reduce to 1 x 3 after a good relief.
- **Nascent Iodine** - Iodine is essential for a completely healthy body. Take 5 drops x 3 times per day in 20ml of water, swish around the mouth for 30 seconds before swallowing. Build over 2 weeks to 15 x 3 until well and then slowly reduce back to 5 x 4. Take 1st dose on waking, 2nd midmorning and 3rd midafternoon. Note that Iodine needs a supplement containing Selenium to activate it, such as Active Life, D.I.P. Daily Immune Protection or B4 Health Spray.
- **GlycoBoost** - Contains Glyconutrients and L-Glutamine. Supports the growth of beneficial healthy gut bacteria and promotes healing in the digestive tract. Take 2 teaspoons daily.
- **D.I.P. Daily Immune Protection** - Take 1 capsule twice daily with food. Protects against infection and maintains a balanced immune system.
- **Prescript-Assist - 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 capsule x 2 times a day (can be opened and mixed with food) and then for maintenance at the rate of 1 every 3 days. **(See www.Probiotic29.com/studies)**
- **Active Life Capsules** - Essential vitamins, folic acid, 77 trace minerals and elements, electrolytes, and 18 amino acids to help replenish storages in your body that are naturally depleted each day. Take 3 capsules, twice daily.

Other Recommended Products

Liposomal Vitamin C - Use Liposomal Vitamin C or its alternative:

- **Liposomal Vitamin C** - For best results, Take 5 ml daily (1 teaspoon) or as directed by your healthcare professional.
- **Altrient-C** - Highly potent Vitamin C for maximum absorption, highly potent for cells. For best results, snip or tear the notched end off the packet, squeeze into one or more ounces of your favorite natural juice or water, drink on an empty stomach, and wait at least 15 minutes before eating.
- **UB8Q10 Ubiquinol** - Take 2 capsules x 3 times per day with food, for up to 1 month. This is 8x more effective than CoQ10 at restoring cell energy.
- **Relaxwell** - Take 1 capsule, 3 times daily. Gives powerful relaxation support for those suffering from anxiety and depression.