

# Post-Operative Scars and Lesions

## What Are Scars?

Scars are fibrous tissue designed to replace areas of normal skin following an injury.

## What Causes Scars?

Scars are the result of the wound repair process in the skin and other tissues in the body. Scar tissue is made up of collagen, and this is the tissue that replaces the skin. Scarring is natural in the healing process, and every wound, except for minor lesions, will result in scarring to a degree. Exceptions to this are animals with complete regeneration, as they don't form scars and their tissue grows back just as it did before.

## What Are Lesions, and What Causes Them?

A lesion refers to damage or injury to the skin, caused by any form of disease or trauma.

## Scars and Lesions FAQ

**Q: I have had to have a number of surgeries over the past few months. I have been left with some pretty yucky scars that are raised and hard. There seems to be a large amount of scar tissue both internal and external. I have been told that Serrapeptase and/or Neprinol work really well to eliminate this problem. Do you sell either of these products, and can you please tell me if they do help with this and also what you know about them? Thank you, I look forward to hearing from you soon.**

A: I was the first to publicize Serrapeptase 10 years ago, and my website [Serrapeptase.info](http://Serrapeptase.info) is the most visited site in the world and provides a huge amount of feedback about scars and the many other conditions helped.

### Two things will help:

1. Serrapeptase 80,000iu - 2 x 3, 30minutes before eating
2. Penzim Gel - Applied 2 times per day



**“I was recently recommended Serrapeptase by my mother who has scar tissue damage. After taking the Serrapeptase enzyme, she got a lot better and dramatically reduced her pain killer intake. It works amazingly well for a variety of health problems.”**

**- Fleure**



**“Hello, a quick note to let you know that I am experiencing a wonderful side effect to the Serrapeptase I’ve been taking for about a year now to deal with joint pain. As a baby born in South America, I lived through a severe case of sporotrichosis, which left a lot of scars on my body. Over the years, these scars have become less vivid; however, I have been noticing a great change in them as a result. I am certain, from taking Serrapeptase regularly - some of the bigger ones seem entirely gone. I wish I had thought to take a ‘before’ photo! I hope this might help others with similar conditions.”**

**- Cat Geuer**



*Follow the Health Plan as recommended for the best results:*

## POST-OPERATIVE SCARS AND LESIONS HEALTH PLAN

The following plan is designed to help heal your post-operative scars and lesions. As post-operative scars and lesions can be both internal and external, they can be a source of much discomfort. Medical intervention is not very successful as it may leave the situation even worse.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern  
Supplements to support healthy skin - in order of priority:*

- [SerraPlus+ 80,000IU](#) - Take Serrapeptase 80,000IU with MSM and trace minerals. Take 2 x 3 times per day, 30 minutes before a meal and then gradually reduce to take one, twice a day as you get relief.
- [Rio Rosa Mosqueta Oil](#) - For external scars, Rosa Mosqueta can be rubbed into scars daily to help the healing process.
- [Hemp Oil](#) or [The Krill Miracle](#) - Treatment with Hemp Oil or Fish Oil Complex will help in the healing process. For the hemp oil take 1-2 tablespoons daily. For The Krill Miracle take 2 capsules daily.