

Peripheral Neuropathy

What Is Peripheral Neuropathy?

Peripheral neuropathy is damage to or disease of the nerves within the peripheral nervous system. It can affect the movement, sensations, organ functions, glands, and other areas of health, depending on the type of nerves that are affected.

Symptoms of peripheral neuropathy can begin very subtly and slowly or be acute and sudden. Motor nerves, autonomic nerves, and sensory nerves can be affected all at the same time. Neuropathy can cause muscle twitching, painful cramps, muscle loss, and bone degeneration, along with changes within the hair, skin, and nails. Motor neuropathy can also be the cause of impaired balance and coordination, muscle weakness, and numbness to both touch and vibration, amongst other symptoms.

What Causes Peripheral Neuropathy?

Common causes of these systemic diseases include medication, vitamin deficiency, traumatic injury, excess alcohol consumption, and immune system disease, amongst other factors.

Peripheral Neuropathy FAQ

Q: My wife has peripheral neuropathy (burning, tingling, numbness, etc.) mostly on her feet and sometimes in her mouth (tongue area). What is the BEST way to treat this as the neurologists only want to prescribe Gabapentin (which is not really helping her)? Thanks.

A: Three things are needed to clear this:

1. Serranol - Take 2 x 3 times per day, 30 minutes before eating a meal, with a glass of water.
2. Alpha Lipoic Acid-R - Take 1 capsule x 2 times per day.
3. Benfotiamine - Take 1 capsule x 3 times per day with meals.

Stop all starchy carbs and high-sugar fruits and foods and follow the Really Healthy Foods Plan in this book.



“I am not sure exactly what to call the condition or what caused it, probably some type of neuropathy, but my left foot and ankle were very tingly and becoming numb. I suffered from it for four or five months, I’m not exactly sure. My toes started tingling first, then the top of my foot and then my ankle. Gradually, they started to feel numb!

At first I was taking sublingual B12, which didn’t seem to do anything. I had heard about Serrapeptase from the healthiertalk.com forum so I decided to try it. I used the BlockBuster AllClear, 3 capsules, three times a day. After using the BlockBuster All Clear for about two weeks, I noticed less tingling and numbness. After about a month my foot and ankle felt normal again. No numbness or tingling at all. Yippee!

You cannot imagine how grateful I feel for your product. It is truly amazing! I was really terrified that I had some sort of peripheral neuropathy, or blood clot. I had trouble sleeping at night because of an uncomfortable feeling in my foot and worry! I don’t trust doctors, but was planning on making an appointment if your product didn’t work! To my delight, it did work, and I will continue to take it daily for overall wellbeing, because it does so much more for the body than just cure a numb foot!

My brother is taking it for his MS and inflammation from arthritis. Also, my mom is using it for her peripheral neuropathy, which has improved I might add. I highly recommend it! I no longer have sleepless nights caused from worry and pain. I should have emailed you sooner and thanked you for your product! I don’t like thinking about what the outcome might have been if I hadn’t tried the Serrapeptase! Thank you so much for your fine products!”

- S.A.S., United States



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Follow the Health Plan as recommended for the best results:

PERIPHERAL NEUROPATHY HEALTH PLAN

The following plan is designed to provide relief for Peripheral Neuropathy. When followed with a healthy lifestyle plan, symptoms of Peripheral Neuropathy can ease, and in time, good health will be the result in the long-term.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support pain relief - in order of priority:*

- [Serranol](#) - SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 2 capsules x 3 times per day, 30 mins before eating a meal with water, and reduce to 1 x 3 after a good relief.
- [Benfotiamine](#) - Take 1 capsule x 3 times a day with food. Normalizes cellular processes fueled by glucose metabolites.
- [Alpha-Lipoic Acid-R](#) - Take 1 capsule x 2 times per day. This is a 'network' antioxidant that provides support for peripheral nerves.
- [B4 Health Spray](#) - Take 4 sprays x 3 times per day. Improves the absorption of B12 which can boost energy and enhance the metabolism.
- [Ancient Minerals Magnesium Oil Ultra](#) - Apply to feet and leg muscles daily. This improves magnesium and oxygen levels, vital for repair.