

Morton's Neuroma

What Is Morton's Neuroma?

Morton's neuroma (also known as Morton's metatarsalgia, Morton's neuralgia, plantar neuroma, and intermetatarsal neuroma) is a swelling on a nerve tunnel under the foot resulting in inflammation, swelling, and pain, which becomes chronic (because we continually walk on it). This is much like carpal tunnel on the wrist (because we continually use it in a certain way).

What Causes Morton's Neuroma?

It is thought to develop through chronic stress and inflammation of a nerve. Inflammation in the joints is also thought to irritate the nerve and lead to Morton's neuroma symptoms.

Morton's Neuroma FAQ

Q: I have successfully used Serrapeptase to ease the pain of a Morton's neuroma. Now I am having knee surgery for a torn miniscus and was wondering what dosage might help with the inflammation following my surgery.

A: Great news on the Morton's. The plan is the same for your knee surgery recovery. Start 24 hours after the operation, taking SerraPlus+ 1 cap x 3 times per day, 30 minutes before eating a meal, with a glass of water.

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"I had Morton's neuroma - so bad - in my left foot that I could hardly walk on it. After reading through your website and emailing you, I have been on the Serrapeptase, Curcuminx4000, Vitamin B50 and B4 Health for three weeks. This morning, I've been to my podiatrist and she says it's almost gone. I can't believe it! I can walk almost normal now - just the odd twinges. Thank you from the bottom of my heart!"

- Janet

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"Robert, I have a Morton's Neuroma (Rt) foot. It has improved since the day I started taking the enzyme. I have also noticed that other 'hot spots' of arthritic type of pains have disappeared! Thanks."

- Jane

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"Hi Robert, your plan for Morton's Neuroma has helped a lot. I have been following it for a month. I plan to keep up until I am sure all pain is gone. Right now, I would say 75% of it is gone. I am passionate about correctly getting my foot in good shape again."

- Mary D'Andrea

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Follow the Health Plan as recommended for the best results:

MORTON'S NEUROMA HEALTH PLAN

The Morton's Neuroma Health Plan below is designed to provide relief for this condition. For best results, it's recommended that you implement the health plan along with a naturally healthy lifestyle. When committed to the plan, it's possible for improvements to happen in just a few short weeks.

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support pain relief - in order of priority:*

- [SerraPlus+](#) - SerraEnzyme Serrapeptase/MSM/Trace Minerals - Take 2 capsule x 3 times a day, 30 minutes before eating a meal. Take this to reduce the inflammation and ease the pain.
- [B4 Health Spray](#) - A high dose B vitamin complex. Take 4 spray x 2 times daily with a meal. Take for nerve repair.
- [Ancient Minerals Magnesium Oil Ultra](#) - Massage into the foot and calf once daily. This improves magnesium and oxygen levels, vital for repair. This is also good for runners as well.
- [Curcuminx4000](#) - Curcumin is a powerful antioxidant derived from the turmeric spice. Take 2 capsules x 3 times a day with the SerraPlus+ to aid nerve repair.
- [Pain Genie](#) - Use daily on the appropriate acupuncture points to provide pain relief. The ultimate solution for powerful pain relief support. It has been tested on enough people to give a 100% guarantee of success. It can be purchased with a money back guarantee or rented for 1 month.