

Stroke Health

What Is Stroke?

A stroke may also be referred to as a cerebrovascular event, characterized by the rapid loss of brain function after blood supply to the brain is obstructed.

What Causes Stroke?

A stroke may be caused by a blocked artery, known as an ischemic stroke, or a burst or leaking blood vessel, called a hemorrhagic stroke. A temporary disruption of blood supply to the brain is called a transient ischemic attack, or TIA.

Stroke FAQs

Q: My wife had a stroke recently which was a terrifying experience for us all. Since then she has been unable to get dressed in the mornings and eating and walking have also become much more difficult. Is there anything you can suggest which might help to put her on the path back to good health?

A: You must follow the Stroke Health Plan immediately. I suggest taking Serranol which contains the SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava, and Vitamin D3, which will help to get the blood flowing again, along with HealthyFlow. The ReFocus will also reduce any abnormal coagulation of the blood and aid in relieving stroke symptoms, improving the blood supply to the brain. I also recommend the HealthPoint™ as it can help to ease any pain.

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Rosemary Hall talks about her neighbor and her own results with Serrapeptase:

“Because she had heard of my recovery, I was approached by a neighbor (a diabetic), who had a stroke in 1997 and was still unable to walk unaided and suffered constant pain in her right leg. Only 7 days after having put her onto Serrapeptase, she told me overjoyed that for the first time she was able to walk on her own for quite a long distance and also that her big toe, which had crossed over, had straightened out. She is continuing to make good progress (she is now on her second bottle) and is very satisfied.

P.S. She has also just told me that her sugar level has improved considerably since she has been taking Serrapeptase. Regards.”

- Rosemary

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“Thank you and thank you for the help with my father who had a stroke - remember the doctor did the surgery and said something of a slimy stuff was left in the vein? 4 tablets Serrapeptase, 2 times a day, plus 3 tablets, 2 times a day, of BlockBuster AllClear, and he is fine.

Thank you and happy New Year - may it be the best year you have ever had!”

- Russ

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Follow the Health Plan as recommended for the best results:



STROKE HEALTH PLAN

The following health plan is designed to provide relief after suffering from a stroke:

*Your 4-8 Week Plan, From My eBook, by Robert Redfern
Supplements to support a healthy cardiovascular system - in order of priority:*

- **Serranol** - Contains SerraEnzyme Serrapeptase, Curcuminx4000, Ecklonia Cava (Seanol) and Vitamin D3. Take 1 capsule x 3 times per day.
- **HealthyFlow** - Take 2 teaspoons, 2 times a day in water or food. Contains L-arginine, L-lystine and L-citrulline that support healthy blood and arteries.
- **ReFocus** - Take 1 x 3 times per day. Reduces abnormal coagulation of the blood, aids stroke recovery and improves blood supply to the brain and other parts of the body.
- **MaxiFocus™ 24 Nutrient Sublingual Spray** - Take 12 oral sprays per day (eg, 6 x 2 or 3 x 4). Contains nutrients that support healthy blood flow around the body.
- **Naturally Better Vitamin E** - Take 1 capsule x 3 times per day. Supports stroke induced injuries and provides cholesterol reduction and cardio protection.
- **Prescript-Assist- 29 Super Strain Probiotic** - This is the next-generation, clinically-proven vegan probiotic supplement. Take 1 x 2 times per day ([See www.Probiotic29.com/studies.](http://www.Probiotic29.com/studies))
- **HealthPoint™ - VERY IMPORTANT** - Use daily to stimulate acupressure points. HealthPoint™ microcurrent stimulator is designed to work with all acupuncture points. Please refer to pages 8.4 and 8.5 in my [Mastering Acupuncture](#) book for help. ([See www.dovehealth.com for more information.](http://www.dovehealth.com))